

ELK GROVE COMMUNITY SERVICES DISTRICT
DEPARTMENT OF PARKS & RECREATION

2003 Summer Aquatic Programs & Swim Lessons



See this flier for...

- Swim Lessons
- Recreation Swim
- 140' Waterslide
- Discount Swim Passes
- Teen Work Experience
- Teen Dive-In Movie
- Family Fun Nights
- Pool Rentals
- Birthday Party Packages



Ride Clyde's Waterslide!

Children and adults alike have fun splashing into the pool from the 140' waterslide (must be 4' tall or pass a swim test to ride the slide)

Swim Passes - Family Fun at Discount Prices!

Family Season Pass

\$69

if purchased by May 6

Best Value! ➔

\$89 if purchased by June 6

\$109 thereafter

- Up to 4 family members (\$5 each additional family member)
- Waived entry to Elk Grove Park (\$4 savings per visit!)
- Waived entry to Elk Grove Pool

Pays for self in less than 7 days of swimming!

10 Visit Pass - \$25

Purchase this pass for 10 individual admissions to the pool.
Does not include waived vehicle entry into Elk Grove Park.

Recreation Swim Pool Hours

Weekdays:

June 9 - Aug. 22

Hours: 1:15-4:00 pm • \$3/per person

Weekends, Memorial Day to Labor Day:

May 26 - September 1

Hours: 12-4:00 pm • \$4/per person

Summer Swim Kick-Off :

Fri., June 6 • 6:00-8:00 pm • \$3/person

Friday Family Fun Nights:

Pool hours extended! • 1:15 - 8:00 pm • \$3/per person

June 20 - Luau

Aug. 1 - Pirates of the Pod

July 4 - Red, White & Blue

Aug. 15 - Hollywood Stars

July 18 - Round 'em up Water Rodeo Aug. 22 -Family Fun Olympics

Swim Lesson
Registration begins
April 1st
see inside...

Evening Swim
Sessions

Important Information

- **Pool location-Elk Grove Park,
9950 Elk Grove-Florin Road**
- **Swim lesson registration-685-3917**
- **Pool phone number-685-3920**

*A \$4 fee is charged by the County of Sacramento for vehicle entrance to the park and is waived if you have a family swim pass or swim lesson receipt.



Swim Lesson Levels/Descriptions

Turtle (Infant and Preschool w/ Parent)

Suggested age 6 mos. & up

Water adjustment for parent and child. Fun is emphasized through games and songs so child learns to enjoy water. Class sessions are five days, only the first week of each session.

Starfish (Level 1) Water Exploration

32" or taller and age 3-4

For 3-4 year olds with little or no water experience. Introduction to floating and locomotion in the water. Child learns to submerge face.

Seahorse (Level 2) Primary Skills

32" or taller

For non-floater. Child learns front and back floats. Introduction to crawl stroke and safety skills. Child must be able to submerge face.

Minnow (Level 3) Stroke Readiness

Refine crawl stroke and practice breath control. Introduction to the back crawl, elementary back stroke, and diving. Child must be able to swim on their own.

Otter (Level 4) Stroke Development

Refine crawl stroke, breath control, back crawl, elementary backstroke. Introduction to breaststroke, sidestroke and treading water.

Dolphin (Level 5) Stroke Refinement

Introduction of alternate breathing with emphasis on improving all skills and strokes listed above. Introduction of the butterfly stroke.

Shark (Level 6 & 7) Advanced Skill Proficiency

Refinement of all strokes, including front and back crawl, breaststroke, and butterfly. Introduction of basic rescue techniques.

Private Lessons for ages 3+

For the personal touch, take a private lesson. For ages 3 to 75+, we can help you improve your skills.

Special Need Lessons

also available



**Summer Swim
Kick-off
Friday, June 6
-See Reverse-**

Have a Party at the Elk Grove Pool!

• **Birthday Party Packages**

• **Private & Semi-Private Pool Rentals**

See reverse for more information, or call 685-3917 for pool rentals or 684-7550 for Birthday party packages .

Attention Businesses & Organizations

Sponsor an Aquatics Program!

✓a great way to advertise

✓an outstanding public image tool

✓an active way to show support for the community

Program sponsors are recognized as a sponsor of Parks & Recreation activities, and also as a supporter of the Elk Grove community. For more information about how you can get involved, contact Zach Jones at 685-3917.

Bring your receipt to each lesson.

The receipt is mailed to you within 2 weeks after we receive the registration form. A \$4 fee is charged by the County of Sacramento for vehicle entrance to the park and is waived if you present your swim lesson receipt or Family Swim Pass.

3 easy steps to sign up for Swim Lessons

1. Pick the Lesson Level.

(See descriptions above)

- Has your child ever had organized lessons before? If not, we suggest starting at the Starfish or Seahorse level.

- Don't overestimate your child's ability. It is easier to move your child to a higher level than to a lower level.

- Children often need two sessions to master a level! Consider taking two sessions of lessons at the same level.

- If quicker skill advancement is desired or special attention is needed, please consider private lessons.

2. Choose Lesson Time/Session.

Times listed on next page

- Have your 2nd and 3rd choices ready for session and time in case your first choice is full.

3. Register by Phone, Fax, Mail or Walk-in.

- Phone and fax registration requires Visa or Mastercard. See back page for phone/fax numbers and registration forms.

Swim Lessons

Registration begins: April 1, 2003



Phone-in Registration 685-3917 • fax 685-6942

See registration form on back page

• See lesson levels/descriptions on previous page •



Early Bird Lessons

\$40/group lessons • \$84/Private lessons

Early Bird Session 1

Saturdays & Sundays

May 10-25

6 group lessons

4 private & turtle lessons (last 2 Sat/Sun)

Early Bird 1 Sat. & Sun. 5/10-25	Private Lesson	Turtle (PAP)	Starfish (level 1)	Seahorse (level 2)	Minnow (level 3)	Otter (level 4)	Dolphin (level 5)	Shark (level 6/7)
12:00-12:40	●	●	●	●	●	●	●	●
12:40-1:20	●	●	●	●	●	●	●	●
1:20-2:00	●	●	●	●	●	●	●	●
2:00-2:40	●	●	●	●	●	●	●	●
2:40-3:20	●	●	●	●	●	●	●	●
3:20-4:00	●	●	●	●	●	●	●	●
4:00-4:40	●	●	●	●	●	●	●	●
4:40-5:20	●	●	●	●	●	●	●	●

Early Bird Session 2

Tuesday-Friday

May 27-June 6

8 group lessons

4 turtle lessons (first week)

Early Bird 2 Tues.- Fri. 5/27-6/6	Turtle (PAP)	Starfish (level 1)	Seahorse (level 2)	Minnow (level 3)	Otter (level 4)
2:00-2:30	●	●	●	●	●
2:30-3:00	●	●	●	●	●
3:00-3:30	●	●	●	●	●
3:30-4:00	●	●	●	●	●
4:00-4:30	●	●	●	●	●
4:30-5:00	●	●	●	●	●
5:00-5:30	●	●	●	●	●
5:30-6:00	●	●	●	●	●

Saturday Lessons

\$40/group lessons • \$84/Private lessons

Saturday Session

Saturdays Only

June 14-July 26*

(* no lessons July 5)

6 group lessons

4 private & Turtle lessons
(last 4 Sat)

Saturday Lessons 6/14-7/26 no lessons 7/5	Private Lesson	Turtle (PAP)	Starfish (level 1)	Seahorse (level 2)	Minnow (level 3)	Otter (level 4)	Dolphin (level 5)	Shark (levels 6 & 7)
9:00-9:40	●	●	●	●	●	●	●	●
9:40-10:20	●	●	●	●	●	●	●	●
10:20-11:00	●	●	●	●	●	●	●	●
11:00-11:40	●	●	●	●	●	●	●	●

NEW! Saturday Session

Private Lessons • \$84

August 2, August 9

2 Saturdays of 1 hour privates

Times: 8:30, 9:30, 10:30 am

Saturday Privates 8/2 & 8/9	Private Lesson
8:30-9:00	●
9:30-10:30	●
10:30-11:30	●

Summer Lessons

9 group lessons: Week 1-Monday thru Friday, Week 2-Monday thru Thursday

5 turtle lessons: Week 1-Monday thru Friday

4 private lessons: Week 2-Monday thru Thursday

Summer Session 1

June 9-19

Summer Session 2

June 23-July 3

Summer Session 3

July 7-17

Summer Session 4

July 21-31

Summer Session 5

August 4-14

Level	No. of Days	Day Fee	Eve. Fee
Turtle	5	\$24	\$25
All other levels	9	\$42	\$44
Private lesson**	4	\$84	\$89

* Turtle classes offered only the first week of each 2 week session.

** Private lessons offered only the second week of each session.

Morning	Priv Less (2nd week only)	Turtle (PAP) 1st week only	Starfish (level 1)	Seahorse (level 2)	Minnow (level 3)	Otter (level 4)	Dolphin (level 5)	Shark (levels 6 & 7)
10:00 - 10:30	●	●	●	●	●	●	●	●
10:30-11:00	●	●	●	●	●	●	●	●
11:00-11:30	●	●	●	●	●	●	●	●
11:30-12:00	●	●	●	●	●	●	●	●
12:00-12:30	●	●	●	●	●	●	●	●
12:30-1:00	●	●	●	●	●	●	●	●
Evening								
4:15-4:45	●	●	●	●	●	●	●	●
4:45-5:15	●	●	●	●	●	●	●	●
5:15-5:45	●	●	●	●	●	●	●	●
5:45-6:15	●	●	●	●	●	●	●	●
6:15-6:45	●	●	●	●	●	●	●	●
6:45-7:15	●	●	●	●	●	●	●	●
7:15-7:45	●	●	●	●	●	●	●	●

Private Lessons Ages 3+

For the personal touch, take a private lesson. For ages 3+, we can help you improve your skills. Private lessons will be offered during all sessions (Early Bird with the availability of instructors.) Call us to schedule your private lessons!

2003 Aquatics Programs

Summer Swim Kick-Off

Friday, June 6 from 6:00-8:00 pm
\$3/person pool entrance fee

Join us for an evening of swimming and fun with your family. Call 685-3917 for more information.

Friday Family Fun Nights:

Pool hours extended! • 1:15 - 8:00 pm

\$3/per person

June 20 - Luau

July 4 - Red, White & Blue

July 18 - Round 'em up Water Rodeo

Aug. 1 - Pirates of the Pod

Aug. 15 - Hollywood Stars

Aug. 22 - Family Fun Olympics



Pool Rentals

New Morning Rentals!

Rent the Elk Grove Pool for your special function or party. Rental includes use of the pool, slide, and picnic area. Reservations are available in two hour blocks on Saturday and Sunday evenings (beginning at 4:30) for private parties from May 31 - September 13. New this year - The pool is available to rent on 3 Saturday mornings this summer: July 5, August 16 and August 23, from 7:30-11:45 am. These reservations go fast so book now. Call 685-3917 for fees and availability.

Birthday Parties!

Available at the Elk Grove Pool and can include:

- cake
- pizza
- treats
- access to the pool & water slide

Parties can be booked on weekends or during any Recreation Swim session. Call 684-7550 for complete information.

Birthday Fun

Teen Summer Work Experience Program

Ages 13+ (Volunteer Work) • \$85/session

- Junior Guard Program - Elk Grove Pool
- Counselor in Training - Kid Central Headquarters Program Laguna Town Hall or Elk Grove Park
- Leader in Training - Kid Central Program Various Elk Grove Elementary School Campuses

Applications are due 10 days before the session. For an application call 685-3917.

Teen Summer Beach Party!

Ages 12-16

Friday, June 27 from 8-11 pm.

Dive-in movie, DJ music, ice cream social, and beverages. Cost is \$5/person for pre-registered guests and \$10 at the door. Call 685-3917 for more information.

685-3917

Visit our website at www.egcsd.ca.gov



Register by Phone, Fax, Mail-In or Walk-In

Elk Grove CSD Parks & Recreation • 8820 Elk Grove Blvd., Ste. #3 • Elk Grove, CA 95624 • 685-3917 • fax 685-6942

Aquatics Registration Only (Copies Accepted)

Receipt# _____

Init. _____


Responsible Adult _____ Phone (Day) _____ (Evening) _____

Address _____ City _____ Zip _____

VISA/MC Payment: ☐ VISA ☐ MasterCard Card# _____

Name as it appears on card: _____ Expires Mo./Yr. ____/____

Check if New Address ☐

Office Use Only	Participant Name	Age	Birthdate (under 18)	Lesson Level	Session Choice			Time of Class Preferred			Fee
					1st	2nd	3rd	Choice 1	Choice 2	Choice 3	
 "Operation Clyde" Recreation Activity Assistance Fund (Optional)											\$ 1.00

"Operation Clyde" - \$1.00 contribution. Your contribution on the registration form helps Elk Grove individuals who can not afford to participate in recreation activities. Bring our community together by the simple act of donating a dollar.

Total Fee: _____

Hold Harmless Agreement

The Elk Grove Community Services District, their officers and employees, and any co-sponsor of this activity are not responsible for any injury which may be suffered by the participant while traveling to, during, or returning from the activity designated in this notice. The sponsoring agency has no medical insurance for individuals, and injury will be the participant's responsibility. Under California Law, an individual, or parent or guardian if actual participant is under 18, is responsible for any and all property damage, personal or private, which the individual may cause during the course of an activity such as designated in this notice. Additionally, the participant, or parent or guardian if actual participant is under 18, acknowledges that the EGCSD reserves the right to photograph facilities, activities, and program participants for potential future use for publicity or promotion purposes only. I have read and understand this notice.

Signature of Participant (Parent if under age 18)

Date